

33rd Sunday in Ordinary Time

But the man who received one went off and dug a hole in the ground and buried his master's money. Matthew 25:18

St. Joan of Arc Catholic Church

359 West Areba Ave, Hershey, PA 17033



NOVEMBER 19, 2017

717-533-2864

PARISH OFFICE HOURS

Monday thru Friday: 8:00 AM - 4:00 PM *Closed 12:00-1:00 PM

Sundays: 9:00 AM - 12:00 PM

Phone: 717-533-7168 Fax: 717-520-0526 Email: office@stjoanhershey.org
Website: www.stjoanhershey.org

PARISH OFFICE	717-533-7168
Rev. Alfred Sceski, Pastor	Ext. 102
Rev. Steven Arena, Parochial Vicar	Ext. 104
Rev. Dijo Thomas, MSFS, In Residence	
Rev. Modestus Ngwu, O.P., In Residence	
Deacon Rodrigue Mortel, MD	
John Triscik, Youth Coordinator	Ext. 128
Mike Davis, Director of Music	Ext. 109
Susan Robison, Parish Secretary	Ext. 100
Mary Butch, Census Secretary	Ext. 115
Michelle Gutshall, Finance Manager	Ext. 103
Jackie Abel, Communications & I.T.	Ext. 121
Earl Tropp, Director of Religious Education	Ext. 122
Marcie Warner, Director of Religious Education	n Ext. 112
Betty Roksandic, REP Secretary	Ext. 124
Matt Dunkle, Director of Maintenance	Ext. 127
~	

EXt. 12/
717-533-2854
Ext. 118
Ext. 123
Ext. 120
Ext. 117
717-857-5695

PARISH MISSION STATEMENT:

CONVENT

We, the Eucharistic Community of St. Joan of Arc Parish, by the grace of God and through our participation in His Word, the Church's sacraments, and prayer, seek our eternal salvation.

We live out the doctrines and traditions of our Faith in communion with the holy, catholic, and apostolic Church, established by Our Lord Jesus Christ.

With courage, we follow the example of our patron saint and invoke her intercession as we strive to know God, love God and serve God which moves us to actively promote and live the Gospel of Jesus Christ in the midst of our every day life.



MASS SCHEDULE

Saturday Vigil: 5:15PM

Sunday Masses: 7:30, 9:00, 10:30AM, 12:00 Noon, 5:30PM

Daily Mass: Monday- Friday: 6:45AM & 9:00AM, Saturday: 9:00AM

Rosary & Chaplet of Divine Mercy: 6:30 PM everyday

Chaplet of Divine Mercy: 9:30AM

Sacrament of Reconciliation: Wednesday 5:00 to 5:30 PM, Saturday 4:00 to 4:45 PM

Sacrament of the Sick: Call the office.

Sacrament of Baptism: 1st & 3rd Sunday of each month. Parents are required to attend one class. Call the office to register.

Sacrament of Marriage: Call the office 9 to 12 months prior to the proposed wedding date.



MASS SCHEDULE, **READINGS & INTENTIONS**

Monday, November 20

1 Mc 1:10-15, 41-43, 54-57, 62-63; Lk 18:35-43

Special Intention of Patrick Curran 6:45 AM

9:00 AM Ioan Valeri

TUESDAY, NOVEMBER 21: THE PRESENTATION OF THE BLESSED VIRGIN MARY

2 Mc 6:18-31: Lk 19:1-10

6:45 AM Kenneth Hahn 9:00 AM Vincent Chaverini

Wednesday, November 22: Saint Cecilia

2 Mc 7:1, 20-31; Lk 19:11-28 6:45 AM **Brock Foschetti** 9:00 AM Frank Macus

THURSDAY, NOVEMBER 23: SAINT CLEMENT I, SAINT COLUMBAN, BLESSED MIGUEL AGUSTÍN PRO 1 Mc 2:15-29; Lk 19:41-44; or Sir 50:22-24; 1 Cor 1:3-9;

6:45 AM No Mass

Lk 17:11-19

9:00 AM Deceased Priests, Sisters & Religious

who served at St. Joan of Arc Parish

FRIDAY, NOVEMBER 24: SAINT ANDREW DÚNG-LAC 1 Mc 4:36-37, 52-59; 1 Chr 29:10bcd, 11abc, 11d-12a, 12bcd; Lk 19:45-48

6:45 AM Albert Steuer

9:00 AM Deceased Members of the Croci, Butch

and Mintz Families

SATURDAY, NOVEMBER 25: SAINT CATHERINE OF ALEXANDRIA

1 Mc 6:1-13: Lk 20:27-40

Mary Frances Tomko 9:00 AM 5:15 PM Rose Marie Cassesi East

SUNDAY, NOVEMBER 26TH:

Our Lord Jesus Christ, King of the Universe Readings: Ez 34:11-12, 15-17; 1 Cor 15:20-26, 28; Mt 25:31-46 The Lord is our shepherd. At the end, at his coming, he will hand over the kingdom to his Father. He will "judge between one sheep and another, between rams and goats", between those who have lived lives for others. and those who have lived for themselves.

MASS INTENTIONS:

7:30 AM Tony Pala

9:00 AM Angelas Oakum and Dolores Milewski

10:30 AM People of the Parish 12:00 PM William A. Brady, Jr.

John Burke 5:30 PM













We are starting to advertise for a new Parish Manager to take the place of Dr. Barbara Hasson. I have purposely not hired someone right away so that I can get an idea of the real needs of the parish and what this position will entail. One of the responsibilities of the Parish Manager was the directing and supervising of all matters pertaining to buildings and grounds. Dr. Hasson did a fine job doing this and before her retirement taught our Maintenance Director, Matt Dunkle, what this part of the job involved. I am naming Matt as the new Director of Facilities starting at the beginning of the new fiscal year in July. (He is already doing the work now as Director of Maintenance.) Matt will be in charge of not only buildings and grounds but also the custodial staff. As we move forward with the Parish Manager position. we want to get the best possible person and that may necessitate flexibility regarding hours, salary, benefits, etc. The position will be responsible in assisting the pastor in the overall administration of the parish with respect to all matters pertaining to personnel, finance, parish committees and organizations, and scheduling. Look forward to an advertisement about this position soon. It might be just the opportunity you are looking for!

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In observance of the Thanksgiving Holiday, our parish office will close at Noon on Wednesday, November 22nd and remain closed through Monday, November 27th. The office will reopen on Tuesday, November 28th.



LITURGICAL MINISTRY SCHEDULE FOR NOVEMBER 25 & 26, 2017					
5:15 PM	7:30 AM	9:00 AM	10:30 AM	12:00 Noon	5:30 PM
S. McDonough	B. Meinert	B. Frola	G. Duval	N. Ott	M. Yee
J. Larkin	K. Willey	W. Lutz	T. Kilcoyne	C. Evans	V. Felice
J. Larkin	D. Sheehan	M. DeAngelis	M. Duval	J. Evans	J. Triscik
J. Nolan	M. Spaeder	T. DeAngelis	J. Phillippy	E. Frauenhoffer	Sr. Eileen
J. Pantalone			A. Reeves		V. Ruiz-Velasco
M. Coyle	St. Michael's Guard	S. O'Hara	C. Edwards	V. Foley	C. Hopstetter
E. Roche		M. O'Hara	O. Strader	T. Abraham	L. Ruiz-Velasco
M. Tice		M. O'Hara	D. Bagatta	R. Abraham	S. Yurich
C. Roche		D. O'Hara	M. Bagatta	M. Abraham	N. Martin
S J J J N E N	S. McDonough D. Larkin Larkin Nolan Pantalone M. Coyle R. Roche M. Tice	7:30 AM 6. McDonough B. Meinert 6. Larkin K. Willey 6. Larkin D. Sheehan 6. Nolan M. Spaeder 6. Pantalone 6. Coyle St. Michael's Guard 6. Roche 6. Tice	7:30 AM 9:00 AM S. McDonough B. Meinert B. Frola Larkin K. Willey W. Lutz Larkin D. Sheehan M. DeAngelis Nolan M. Spaeder T. DeAngelis Pantalone M. Coyle St. Michael's Guard S. O'Hara M. Tice M. O'Hara	7:30 AM 9:00 AM 6. McDonough B. Meinert B. Frola G. Duval 6. Larkin K. Willey W. Lutz T. Kilcoyne 6. Larkin D. Sheehan M. DeAngelis M. Duval 6. Nolan M. Spaeder T. DeAngelis J. Phillippy 6. Pantalone A. Reeves 6. Roche M. O'Hara O. Strader 6. M. O'Hara D. Bagatta	7:30 AM 9:00 AM 10:30 AM 12:00 Noon 8. McDonough B. Meinert B. Frola G. Duval N. Ott 9. Larkin K. Willey W. Lutz T. Kilcoyne C. Evans 10. Larkin D. Sheehan M. DeAngelis M. Duval J. Evans 10. Nolan M. Spaeder T. DeAngelis J. Phillippy E. Frauenhoffer 10. Pantalone A. Reeves 11. Coyle St. Michael's Guard S. O'Hara C. Edwards V. Foley 12. Roche M. O'Hara D. Bagatta R. Abraham 13. M. O'Hara D. Bagatta R. Abraham

Money Counters: R. Deiling, B. Deiling, A. Pavone, M. Rogers

THANKSGIVING LITURGICAL SCHEDULE



THURSDAY, NOVEMBER 23, 9:00 AM

[Lector] J. Dezagotis

[EMHC] J. Traini, W. Lutz, M. Duval, C. Eimer

[Servers] B. Seesholtz, J. Wilson, T. Brown

[MC] D. Kreiss



STEWARDSHIP

Managing God's Gifts To Us

We Are A Tithing Parish Following God's Plan For Giving

Weekly Tithing: \$26,509 Weekly Budget: \$29,615

Year to Date Budget Variance: -\$15,275 Weekly Heart Of The Parish: \$2,044

THIS WEEK'S SPECIAL COLLECTION: MATTHEW 25

The Matthew 25 Collection allows the Diocese of Harrisburg to address the basic needs of food, shelter and clothing on a local level through food banks, soup kitchens and other parish-supported projects that assist those in need. All of the funds collected benefit local needs. 75% of the monies collected will be distributed to programs within the diocese to address the needs of the poor. 25% of the monies will be returned to parishes for their use in assisting others.















SENDING OUR CONDOLENCES:

Please pray for the souls of **Michael Hugendubler** & Gina Pasquini who died recently. The parish community of St. Joan of Arc extends our deepest sympathy to their family and friends on their loss.

ALTAR FLOWERS:

Main Altar: In loving memory of Debbie Rogowski Vandegrift from cousin Michael.

Blessed Mother: In loving memory of Joseph & Hazel Dyer from Anne-Marie Dyer.

Respect Life Roses: [Rose 1] In loving memory of John E. Austin and Jeane C. Nowicki from Pam Austin. [Rose 2] In celebration of Adain J. Kolle's 4th Birthday from MiMi.

THE PILGRIM CROSS:

If you would like to take the Pilgrim Cross into your home for one week a year and pray for vocations, please call the parish office. The Pilgrim Cross will be in the home of:

Nov. 20 - 27: Mr. & Mrs. John Polly

Dec. 2 - 3: Marilyn Ferguson

MASS ATTENDANCE: November 11 & 12 Total: 1689					
<u>5:15pm</u>	<u>7:30am</u>	9:00am	<u>10:30am</u>	Noon	<u>5:30pm</u>
225	198	328	350	217	361



Text **APP** to **88202**

to download our parish app



SPRINKLE KINDNESS DURING THIS CHRISTMAS SEASON WITH THESE

25 Acts of Kindness





THIS WEEK IN OUR PARISH

*	sund	AY,	NO	VEM:	BER	19

9:00 AM	REP: K - Gr. 6	-
1:00 PM	Baptisms	CHR
1:00 PM	Bishop's Blessing of Parish Center	PC
6:45 PM	Life Teen	MRC
7:00 PM	REP: Confirmation Prep	-

♦ MONDAY, NOVEMBER 20

9:45 AM	Legion of Mary	SLC
3:00 PM	Girl Scout Troop 11535	SLC
6:00 PM	Liturgy & Worship Committee Mtg	PC
7:00 PM	EDGE	MRC
7:00 PM	Boy Scout Troop Meeting	CAF

❖ TUESDAY, NOVEMBER 21

4:00 PM	AREBA Club Meeting	CAF
6:30 PM	Cub Scouts	-
7:00 PM	Pastoral Council Meeting	PC

♦ WEDNESDAY, NOVEMBER 22

& Parish Office Closes at Noon &

7:15 AM	Wednesday Morning Coffee	SLC
7:45 AM	Gospel Reflection Group	SLC

* THURSDAY, NOVEMBER 23

& Parish Office Is Closed &



* FRIDAY, NOVEMBER 24

& Parish Office Is Closed &

❖ SATURDAY, NOVEMBER 25

6:15 PM Rosary led by Knights of Columbus **CHR**

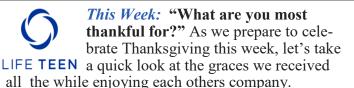
SUNDAY, NOVEMBER 26

Monthly Food Bank Collection before & after Masses

& Parish Office Is Closed &

'OUTH NEW

LIFE TEEN - HIGH SCHOOL YOUTH



Next Week: No Life Teen! May you all have a blessed Thanksgiving with your family and friends. See you in Advent.

EDGE - MIDDLE SCHOOL YOUTH



EDGE is for grades 6-8th and meets on Monday nights in the Youth Room (Mtg. Room C) from 7-8:15. EDGE nights will EDGE be November 20, December 4, 11 & 18. Invite your friends!

RELIGIOUS EDUCATION PROGRAM NEWS...

THANKSGIVING CLASS SCHEDULE:

There are no Wednesday REP classes on November 22 and no Sunday REP classes on November 26 due to Thanksgiving. Classes resume on November 29.



The following parishioners or family members are ill. Please remember them, and all the sick of the parish, in your prayers:

Vincent Savini, David Liddy, Kaitlin Buser, Lily Carney, Ashley Tatangelo, Agnes McCarty, Doris & Frank Bolduc, Rose Marie Smith, Jadon Kalp, Barry Boyer, Tiffany Fagnani, Joseph Fagnani, Richard Settino, Carol Merlo-Knackstedt, Jade Benco, Glenn Knackstedt, Meghan Johnson, Alma Hopstetter, John McCormick, Tony Ferrar, Edward Klimovsky, Weston Hoffman, Amanda Dennis, Denise Mastro, Tara Mastro, Marion Kreiter, Danny Tobin, Paul Mara

VOCATIONS:

"Well done, good and faithful servant...." How are you called to use your talents? If Christ may be inviting you to faithful service as a priest or consecrated religious, contact Fr. Brian Wayne at: (717) 657-4804 or email: frbwayne@hbgdiocese.org.

With Much Gratitude...

We wish to thank the sponsor of the week for advertising in our parish bulletin:

DAFNOS ITALIAN GRILL

中 PARISH NEWS, EVENTS & REMINDERS 中



The collection taken on Thanksgiving Day this year will once again be donated to the Hershey Food Bank. The mission of the Food Bank is to stop hunger in our community. Please make checks payable to: St. Joan of Arc. An option has also been added for those contributing through our Online Giving program.



ANNUAL PARISH FINANCIAL REPORT 2016 - 2017

During each of the Masses last weekend, Father Al presented the parish's Annual Financial Report for our last fiscal year of June 30, 2016 through July 1, 2017. If you

FINANCES were not at Mass or did not receive a report, they are available in the back of Church, the Parish Office, or on the parish website.



It may be hard to believe, but the end of the year is quickly approaching! We are already beginning to preparations for year end contribution statements.

If you have had a change of address within the last year, please be sure to notify the parish office so we can update your record and ensure you receive your statement.

You can also submit a change of address on our website, just click on the "Parish" menu and choose the option "Register with Parish". You will see an option to update your information. Thank you in advance.



PARISH ADVENT PENANCE SERVICE SUNDAY, DECEMBER 10TH, 7:00PM



VOLUNTEER OPPORTUNITIES

WEEKLY STUDENT CHAPERONES:

Volunteers are needed to help Chaperone students from the Milton Hershey School at the 10:30 Mass each week. We especially need someone to meet the bus when the students are arriving before Mass. If you are interested, please contact Fran Shiffler at: fishiffler@comcast.net

TRANSPORTATION VOLUNTEERS:

We are looking for a few kind volunteers who are willing to provide transportation to fellow parishioners on occasion for Mass, doctor's appointments, or the grocery store. If you can provide this much needed act of kindness to help a fellow parishioner in their time of need, please email Odette at: obergloff@verizon.net or call the Parish Office. We will contact you as we receive requests. Thank you!



SAVE THE DATE:

Prayer & Pasta

Friday, December 15th 6:00 - 7:15 pm

Join us in the cafeteria for delicious pasta and fellowship. A presentation by will follow. Everyone is invited to the Church afterwards for evening prayer.

LENTEN APPEAL REMINDER



2017 Federal Tax Deduction For the Bishop's Annual Lenten Appeal:

All payments on pledges made to the Bishop's Annual Lenten Appeal must be received at the Diocese by Wednesday, December 30, 2017 in order to receive a tax deduction receipt for your generosity.

Payments can also be made online. A direct link is available on our parish website under "*Stewardship*".

♦ PARISH MINISTRY: NEWS, EVENTS, MEETINGS ♦

Full information regarding these items can be found on our parish website by visiting the page listed below each article.

FOOD BANK COLLECTION - NOV. 25 & 26:

The Knights of Columbus will be collecting nonperishable foods and personal care items next weekend before each Mass to benefit the Hershey Food Bank.

HEALING MASS - NOVEMBER 29:

A Healing Mass will be held on Wednesday evening, November 29 at 7:00 pm. Father Modestus Ngwu will preside. All are welcome and encouraged to come!

"Upcoming Events" Page

CAELORUM - DECEMBER 6:

The next Caelorum will be held on Wednesday, December 6 at 7:00 PM. Join us as we adore our Lord through prayer, praise, worship and music. A reception will be held immediately following in the Cafeteria. For more information, please call (717) 583-0240. All are welcome, please join us.

"Upcoming Events" Page

AREBA CLUB MEETING - 11/21/2017:

The November meeting of the AREBA Club will be held Tuesday, November 21 in the cafeteria at 4:00 pm. Doors will open at 3:30 pm. We will be entertained with the music of "Richie Rags" along with coffee and cake. Please remember: bring personal items (Ivory soap, shaving cream, razors, tooth brushes and tooth paste, etc.) to the meeting for the Lebanon V.A. patients. Hope to see you there. Thank you!

*AREBA Club" Ministry Page

YOUNG ADULTS GROUP - ADULTS AGE 21-35:

Calling all Young Adults of St. Joan of Arc Catholic Church between the ages of 21-35, married or single! We will meet on the 2nd and 4th Wednesday of the month from 7-8:30 in the Youth Room (Meeting Room C). Young Adults will meet on November 22nd with a social to celebrate our last series at the Hershey Biergarten. If you are interested or have any questions, please call John in the Youth Office at (717) 533-7168 Ext. 128 or email: stjoanofarclifeteen@gmail.com. **Oung Adults** Ministry Page*

MOM'S GROUP - NOV. DATES:

Attention moms of babies and toddlers: Are you interested in getting together with other Catholic moms to chat and share some snacks while the kids play? Please join us for play dates on: **November 27** from 9:30 to 11:30 am. For location & any questions, please email: Sarah.Bonavia@gmail.com.

"Mom's Group" Ministry Page

SCHOOL LIBRARY USED BOOK SALE:

Our school library will also be holding its annual Used Book Sale, Tuesday, 11/28 - Thursday, 11/30 (closes at 2:30) in the school cafeteria! Paperbacks are 50 cents and hardcovers \$1.00. Fill a bag for \$2.00 on Thursday from 1:00 - 2:30pm. (Grocery size bags only please.) Come and support our school's library! All proceeds are used to buy new books for our school! Thank you!

ADULT INDOOR SOCCER:

We are currently looking for adults to play in an informal soccer game one night a week. You must be a registered parishioner. For more information, please contact John Wetherhold at wetherspoon@yahoo.com.

**The Company of the Com

JUNIOR LEGION OF MARY:

Would you like to learn more about your faith? Would you like to become closer to Jesus and His Mother Mary? Then the Junior Legion of Mary is for you. Any student in 2nd grade through age 18 is invited to join us on Fridays in the Saint Lucy Center from 3:00 - 4:30 pm as we pray the rosary and visit people in the name of the Blessed Mother.

"Junior Legion of Mary" - Ministry Page

MORNING STAR - BABY BOTTLE CAMPAIGN:

Our Morning Star baby bottle campaign is coming to a close this weekend. Please drop your bottles into the containers at the back of church this week and the next. Do not leave bottles with money in them during the week. Take them to the parish office. Thank You for partnering with us to show men and women the value of life growing within them. We couldn't do it without YOU!

MORNING STAR PREGNANCY SERVICES:

Morning Star is in need of gently used, current styled maternity clothes. Please drop them off at either our Middletown or Harrisburg office. You can also call (717) 877-8832, if you want your items to be picked up. Thank You.





HRISTMAS GIVING TREE PROGRAM

The Christmas Giving Tree Program, sponsored by the St. Vincent de Paul Society, is underway! St. Joan of Arc parishioners have been very generous in the past creating a blessed Christmas for our neighbors in need!!!

Trees decorated with ornaments listing recipient names and suggested gifts will be placed in the church on Saturday, Nov. 25th and remain until Dec. 3th.

Gifts will be collected in the Cafeteria ONLY during these times: December 9th before and after the 5:15 pm Mass and **December 10th** before the 7:30 am Mass until 1:00 pm. **Please note:** we cannot collect after the Sunday 5:30 Mass as the organizations pick up the gifts earlier in the day. All of the gifts will be distributed to local families in need through:

- Spring Creek Manor (Senior care home)
- Morningstar (*Pro-life pregnancy center*)
- Catholic Worker House
- Lourdes House (home for pregnant women and infants)
- Interfaith Shelter (Shelter for homeless families)
- Catholic Charities: Foster Care (Children to be placed in foster care)
- Shalom House (*Shelter for abused women & children*)
- Evergreen (Substance Abuse Shelter)
- Hershey Food Bank

Thanks for your continued support!



Christmas Flower Memorials

If you would like to memorialize flowers for a loved one on Christmas, requests are due to the parish office no later than

FRIDAY, DECEMBER 8

Complete the form below or online at: www.stjoanhershey.org Christmas flower requests will not be taken over the telephone.

	***Please Print Clearly ***		
In Loving Memory of:			
Dedicated by:			
Submitted by:	Phone:		
Donation enclosed of: \$	Please make checks payable to: St. Joan of Arc		



THANK YOU



Pictured from left: Joanne Curry, Kathy Lewis, Dr. Charles Myers, Marie Bowman, Chris Baker, Deb Andrews and ten big boxes of cheer!

Thanks for caring. Through your generous donations, St. Joan of Arc's Living Our Faith Ministry collected 10 boxes (336 pounds) of new and unused Christmas and all occasion cards and 2018 wall calendars. All materials will be distributed at Pennsylvania prisons. The Caring Cards and Calendars collection, now in its third year at St. Joan, allows parishioners to drop off next year's wall calendars as well as new or excess cards from previous years.

Dr. Charles (Buz) Myers, Department of Religious Studies, Gettysburg College and volunteer at the Camp Hill Prison, expressed his thanks saying, "I cannot tell you how much the inmates at the Camp Hill State Prison appreciate all the time and effort that you put into this project. Please know that your work will truly bring joy into the lives of many incarcerated people and their families this Christmas and all year long."

The colorful cards and calendars, which are items that most of us take for granted, are not usually available to those who are incarcerated. The donated items remind our brothers and sisters that they are not forgotten and offer inmates the opportunity to send holiday greetings all year long to family and friends. Statistics consistently show that the majority of inmates are incarcerated for non-violent crimes and will soon return to our communities. This simple gesture reminds them that love and forgiveness can be found at home when their debt to society is paid. Please remember to save your cards and calendars for our 2018 collection next year!



God's Way - "The Road to Kindness"



We want to wish everyone the very best for the Thanksgiving holiday this coming Thursday!

We are so very thankful for everyone in our parish! We are also so thankful for the way that you have embraced our Kindness Program! We are helping to change the world by following God's Way – "The Road to Kindness."

Thanksgiving is a special time for sharing – sharing our food, sharing our time, sharing a hug and sharing a smile!

There are still many people that are seeking shelter or food on this Thanksgiving. Consider sharing your time at a local food bank or visiting those that cannot go out of there house or are at an assisted living facility. We have so much to be thankful for and let's share our time this Thanksgiving with those that need it! Many of our parish members have told us that they plan to do a special family Kindness act this Thanksgiving!

Thank you and let your hearts be filled with Kindness this Thanksgiving!

We are also fast approaching the beauty and blessings of the Advent Season. We have been working hard to connect our Kindness Program into the Advent Season. We will share more with you in next week's bulletin.

Please share your Kindness Acts, or Kindness Acts you observe or hear about, by emailing them to:

Kindness@stjoanhershey.org

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And now, bless the God of all, who has done wondrous things on earth; Who fosters people's growth from their mother's womb, and fashions them according to his will! May he grant you joy of heart and may peace abide among you; May his goodness toward us endure in Israel to deliver us in our days.

Sir 50:22-24

BULLETIN REMINDERS

Due to the number of requests we receive and limited space, please be reminded of the below notes to ensure everything needed is received to honor your bulletin request in sufficient time.

- Requests must be submitted by 9:00 am Monday. Earlier is better and much appreciated!
- Options to submit a request:
 - 1) Website Form: Available under the "Contact Us" menu, select the option for "Request: Bulletin" *This website form allows you to attach files to your request.
 - 2) **Email**: Requests can be sent directly to: communications@stjoanhershey.org
 - 3) **Paper Form**: Forms are available in the Parish Office or can be printed from our website
- Request must include the date(s) of the bulletin(s) you would like the information to appear.
- We are not currently accepting requests for inserts or full page announcements.
- Articles may not necessarily be published in their entirety or the number of times requested.
- Special deadlines for the holiday print schedule:
 - ⇒ Nov. 25/26 Thanksgiving Weekend: Was due by Thursday, November 16th
 - ⇒ Dec. 23/24 By Thursday, December 14th
 - ⇒ Dec. 30/31 By Thursday, December 21st

Please direct any questions to Jackie Abel, Director of Communications & I.T. at (717) 533-7168, Ext. 121 or email: jabel@stjoanhershey.org



NOVEMBER: THE GREAT AMERICAN SMOKE OUT!

November 16, 2017 was the great American Smoke OUT! When asked why you smoke, you might have said, "I just like to smoke!" or "It's my choice to

smoke." Ask yourself, and be totally honest: Am I addicted to tobacco? Am I truly making a freely made choice when I smoke?

From the American Cancer Society:

- 88% of adults who smoke daily started smoking by age 18. And 99% started by age 26.
- 70% of adolescent smokers say they would never have started if they could choose again. That's because the nicotine in cigarettes is addictive. The risk of becoming addicted to nicotine is between one in two and one in three.
- Tobacco is responsible for nearly one in every five deaths in the United States. It is the largest cause of preventable death.
- More than 480,000 people die every year from smoking-related diseases.

Resources to quit smoking

Penn State Hershey Careline: 1-800-243-1455 National Quitline: 1-800-QUITNOW

Free materials:



Quit for you and everyone who cares for you.

How does your body recover after quitting ...

20 minutes Your heart rate and blood pressure drop. 12 hours The carbon monoxide level in your blood drops to normal. 2 weeks to Your circulation improves, and your lung function increases. 3 months Coughing and shortness of breath decrease; cilia start to regain normal function 1-9 months In the lungs, increasing the ability to handle mucus, clean the lungs, and reduce The excess risk of coronary heart disease is half that of someone who continues 1 year to smoke. Your heart attack risk drops dramatically. The risk of cancer of the mouth, throat, esophagus, and bladder is cut in half. 5 years Cervical cancer risk falls to that of a non-smoker. Stroke risk can fall to that of a non-smoker after 2-5 years. The risk of dying from lung cancer is about half that of a person who is still 10 years smoking. The risk of cancer of the larynx (voice box) and pancreas decreases.

15 years

The risk of coronary heart disease is that of a non-smoker's.



Source: cancer.org/healthy/stayawayfromtobacco/benefits-of-quitting-smoking-over-time